



# HEALTHY CUISINE CATERING 2012

## Fresh & Healthy Lifestyle Cuisine Catering at Your Next Luncheon, Meeting, Reception or Special Event

All menu items can be ordered individually wrapped or served platter style. We will deliver all fresh to your site with everything needed; cold food cold and hot food hot, guest plastic wares, assorted beverages and yummy sweet treats. Our chicken is all natural and roasted fresh on site, all Deli meats are nitrate/preservative free. We use fresh herbs, high quality produce and only low-fat mayo/cream cheese in all our fillings/spreads.

### Select 2 or 3 of Your Market Favorites:

(Two veggies for \$6.95 per person, veggie/protein for \$7.95 or any three for \$9.95)

**Fresh Broccoli with Golden Raisins, Almonds, Red Onion**

**Orzo with Roasted Veggies & Feta Cheese**

**Thai Noodle Toss**

**VPM Southern Pimento Cheese & Flatbread Crackers**

**Curry Cashew Chicken Salad**

**Market Chicken Salad with Apple, Celery and Almonds**

**VPM Shrimp Salad**

**Seasonal Fresh Fruit Salad**

### The Village Green Salads:

(add Chicken or Turkey to any veggie salad for \$2)

**Caesar Salad:** Crisp Romaine, Parmesan Cheese \$5.75 pp  
Red Onion and Herb Croutons, Caesar Dressing

**Turkey Mango Salad:** Fresh Greens, Cucumber \$7.50 pp  
Grape Tomatoes, Turkey, Havarti, Apple, Mango Vinaigrette

**Spinach Salad:** Baby Spinach, Mushrooms, Red \$6.50 pp  
Onion, Eggs, Applewood Bacon, Dijon Dressing

**Garden Greek Salad:** Cucumbers, Tomatoes \$6.50 pp  
Red Onions, Fresh Oregano & Feta Cheese,  
Balsamic Vinaigrette

**Cobb Salad** with Fresh Greens, Eggs, Red Onions, \$6.95 pp  
Grape Tomatoes, Avocado, Bleu Cheese, Ranch Dressing

**Albacore Tuna:** Fresh Greens, Tomato, Scallions, \$7.95 pp  
Cucumber, Carrots, Bleu Cheese, Ranch Dressing

### Sandwiches:

(individually wrapped or platter style)

Sandwiches are served with reduced fat Cape Cod Chips

You may **substitute a side** of fresh fruit, broccoli, orzo for \$1.75

You can also add Cabot White Cheddar, Avocado or Applewood Bacon for \$1.00

**Golden Sunflower:** VPM Pimento Cheese \$7.25  
with Tomato on Whole Wheat

**Herb Goat Cheese:** Savory Goat Cheese with \$7.25  
Cucumbers, Tomato on Whole Wheat

**Pesto Chicken:** Roasted Peppers, Spinach \$7.95  
Mozzarella in Sundried Tomato Wrap

**Veggie Delight:** Hummus, Fresh Avocado, \$7.25  
Tomato, Havarti, Cucumber, Shredded Carrots,  
Red Onion, Spinach in your choice of wraps

**Market Chicken Salad:** Apples, Almonds, \$7.95  
Celery, Lettuce & Tomato on Whole Wheat

**Thai Chicken Wrap:** Shredded Carrots, \$7.95  
Cucumbers, Spicy Peanut Sauce in Wheat Wrap

**BLT:** Applewood Bacon, Spinach, Cucumbers, \$7.95  
Avocado and Tomato on Whole Wheat, Garlic Mayo

**Chicken Ranch Wrap:** Applewood Bacon, \$7.95  
Shredded Carrots and Lettuce in Wheat Wrap

**Turkey Brie:** Apple, Fresh Spinach, \$7.95  
in Wheat Wrap

**Turkey Mango:** Dijon Chutney, Apples & \$7.95  
Havarti in Wheat Wrap

**Panini Capri:** Fresh Mozzarella, Fresh Basil \$8.50  
Tomatoes and choice of Roasted Chicken,  
Prosciutto or Vegetarian with Spinach

Bringing Healthy & Fresh Gourmet Cuisine To You

**TO SCHEDULE DELIVERY & MORE INFO: 252 943 7013**

**[www.villagepointmarket.com](http://www.villagepointmarket.com)**